



## ***Message to the Youth*** **Lynne McTaggart**

We are poised on the brink of a revolution. At the very frontier of science new ideas are emerging that challenge everything we believe about how our world works. Discoveries are being made that prove what religion has always espoused: that human beings are far more extraordinary than an assemblage of flesh and bones. At its most fundamental, this new science answers questions that have perplexed scientists for hundreds of years. At its most profound, this is a science of the miraculous.

What respected scientists are discovering is nothing less than astonishing – that all matter exists in a vast quantum web of connection. Still others have produced evidence suggesting that consciousness is a substance outside the confines of our body.

This revolution in scientific thinking promises to give us back a sense of optimism. We are not isolated beings living our desperate lives on a lonely planet in an indifferent universe. We never were alone. We were always part of a larger whole. We have far more power than we realize, to heal ourselves, our loved ones, even our communities. Each of us has the ability – and together a great collective power – to improve our lot in life. Our life, in every sense, is in our hands.