



Message to the Youth

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Remember The Good News

We're living in a time of extremes—a time when we can expect big shifts in the world, and big changes in our lives. While we're often led to focus on the extremes themselves, it's easy to forget the good news that comes with the extremes. For example, the best news that we could hope for has already arrived: *We now have the solutions to the biggest problems of our time!*

- **Fact:** We already have the food to feed every mouth of every child, each woman and man living on the earth today. The lack of food is not the reason that 690 million members of our global family are hungry today.
- **Fact:** We already have the proven technology to create clean, reliable, electricity inexpensively from material that is abundant, produces zero greenhouse gasses, cannot be made into weapons and cannot melt down like a nuclear reactor.
- **Fact:** We already know how to create clean, green and sustainable economies based upon cooperation and sharing, rather than competition, lack and scarcity.
- **Fact:** We already know how to create sustainable and self-sufficient communities that rely upon localized sources of food, economy, energy, education and healing.
- **Fact:** We already have the proven knowledge to reverse common disease, reverse aging and trigger the healing of every organ and gland in the human body.

The solutions to our biggest challenges of energy, climate, economies and peace have already been discovered. The advanced principles are already understood. The technology already exists. The obvious question is simply “Where are these solutions today?” The answer to this question is perhaps the best news of all because it doesn't hinge upon any circumstances that are beyond our control.

The choice to implement the discoveries that can ease so much suffering in our world rests solely upon our answer to a single question: *Are we willing to shift our thinking, and embrace the values, that make such possibilities a priority in our lives?*

As we learn to make our most cherished values such as life, freedom, community and creativity the number one priority in our lives, the existing solutions become our natural response, rather than the exception, to our world of extremes.

Ultimately the question that we must each ask ourselves is an even simpler one: Do we love ourselves enough to share in the world, what we know in our heart is possible? The choices that we make in each moment of our lives is our answer, and the legacy that we leave for our children and the generations to follow.